

OK many thanks for everyone getting their entries in on time. Everyone who is entered is now safely locked into the software, there will be no additions and no alterations now and I will be issuing both a programme very soon and start sheets ahead of each session.

We have a record number on entries this year proving, once again, that Wellington (Telford) ASC really is the place to be!!

Session 1 400IM Wrekin College Tuesday 26th June warm up 7.30 start approx. 7.45 finish approx. 8.17

Session 2 400 Free Wrekin College Wednesday 27th June warm up 7.30 start approx. 7.45 finish approx. 8.37

Session 3 200IM Central baths Wolverhampton Saturday 30th June warm up 9am start 9.30am finish approx. 9.53

Session 4 25 Fly, 50 Breast, 100 Back, 25 Free start 10.15 finish approx. 11.30

Session 5 25 Breast, 50 Back, 100 Fly, 25 Back start 11.45 finish approx. 12.45

Lunch at Wolverhampton 12.45 to 1.45

Session 6 50 Fly, 100 Free, 100 Breast, 50 Free warm up 1.45 to 2 start 2.15 to approx. 3.30

Session 7 Wrekin College Sunday 1st July 800/1500 Free warm up 5.30 start 5.45 to approx. 7.24

Session 8 Wrekin College Tuesday 3rd July 200 Back & 100IM warm up 7.30 start 7.45 finish approx. 9.15

Session 9 Wrekin College Tuesday 10th July 200 Fly warm up 7.30 start 7.45 finish approx. 8.00

Session 10 Wrekin College Wednesday 11th July 200 Free warm up 7.30 start 7.45 finish approx. 8.26

Session 11 Wrekin College Tuesday 17th July 200 Breast warm up 7.30 start 7.45 finish approx. 8.24

So all of the sessions above mean normal sessions at Wrekin on those dates are cancelled. If you're not competing there'll be no training.

All timings are approximate. **In particular for Wolverhampton ALL swimmers competing in 200IM, 50 Breast and 100 Back will need to warm up in the 9am to 9.15am warm up. Miss the warm up and you will NOT be allowed to swim the events.**

Doors at Wolverhampton should open around 8.30am (possibly earlier we will check and advise) but do not be late. Car parking should be free for the day.

If you're only doing the 25 Fly and/or 25 Free in session 4 at Wolverhampton then we expect you there anytime up to about 9.30 as we will be showing all of our youngsters where to sit, how the blocks work, where marshalling is, etc. etc. and probably settling them down too if it's their first proper meet.

Wellington centre sessions are unaffected unless otherwise informed.

Any questions please email me on (details removed by admin to stop spam)

If you have problems on the day or can't find the pool or you're running late you need to let someone know.

Do not lose this email!!

Paul