

## **CLUB CHAMPIONSHIPS 2018**

As you know Club Championships is fast approaching and entry forms need to be back with us by 3<sup>rd</sup> of June to enable our gala team to get the session timings planned and to ensure the heats are as close to even as we can to get some close races.

Parents are asking questions such as;

'Which events can my swimmer enter?'

'Where do I get entry times?'

For our teaching groups Penguins, Dolphins and Piranhas we would suggest all 25's and, where appropriate and the swimmer is capable, 50's.

Our teachers have been doing stroke assessments for the last week or so and we will very soon have a spreadsheet available with all legal and none legal strokes for all of our teaching group swimmers. We will advise on events once entry form is received.

All Sharks should look to do all 50's (see Fly note below) providing your swimmer has legal stroke. 50 Fly, 100's form and freestyle and 200's form and freestyle are available to this group but will need to be agreed with Paul and/or Michaela.

All swimmers currently swimming with squad or in squad sessions are expected to enter ALL events.

Exemptions are 100/200 Fly which are by individuals choice and 400IM/800 free and 1500 free which are age specific.

Any of our juniors swimming with squad who have concerns over specific events should consult with Paul, Di or Bev.

If you have times (official licensed or unofficial) put them on the form. If not put NT and we'll try and get time trials sorted out over the next few weeks.